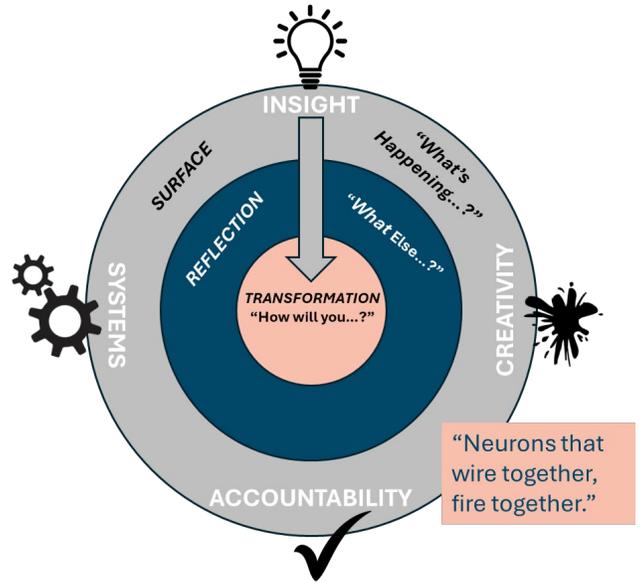


Course Overview

This one-day intensive workshop translates the International Coaching Federation (ICF) Core Competencies into a practical, business-ready playbook for leaders to coach in real time. Hands-on drills turn concepts into repeatable habits. Live practicums, peer feedback, and take-away resources ensure immediate workplace application and impact.

Learning Objectives

1. Adopt an ICF-aligned coaching mindset that swaps advice for curiosity and ethical practice.
2. Evoke insight and accountability through powerful questioning, goal-setting, and feed-forward techniques.
3. Build trust and psychological safety quickly through presence, centering, and inclusive language.
4. Integrate coaching into everyday leadership rhythms with simple tools for one-on-ones and team huddles.



Who Should Attend?

Team leads, project owners, middle managers, and executives who need to unlock performance through their organization with deliberate coaching conversations—without adding more meetings to their calendar.

Course Summary

Module 1 – Topline Tenets	<ul style="list-style-type: none"> • Introductions / Expectations • What Coaching IS and What it ISNT
Module 2 – Trajectory Playbook	<ul style="list-style-type: none"> • The Coaching Arc: Identifying the Meaningful Effect (ME) • Use of the TODAY Short Arc, and FUTURE Long Arc discussions
Module 3 – Tuned Inquiry	<ul style="list-style-type: none"> • Conversations elevated through Powerful Questioning • Toolsets: AWE, SPIN, 5W/1WN, & simple Curiosity
Module 4 – Tacit Skillset	<ul style="list-style-type: none"> • Setting productive conditions with Coaching Presence • Using the B.R.A.V.E Protocol, and tools such as Deep Listening and WAIT
Module 5 – Tactical Toolset	<ul style="list-style-type: none"> • Proven methods to dial in Actionable activities • ME Boilerplate, Stakeholder Analysis, Context shaping and Mind Mapping • 360 Feedback Framework
Module 6 – Tandem Trial	<ul style="list-style-type: none"> • Live Practicum: Safe reps. Real feedback. (Low risk. High signal.)

Logistics and Pricing

This course is designed for delivery at the client’s location. A standard class size is up to **20 participants**. Clients are asked to provide basic audio/visual support (e.g., projector/screen, flip charts, markers) and a suitable training space. Optionally delivered as (2) half days. Detailed price estimates available upon request.