



Functional Methods for Executives and Leaders™ (FMEL)

Training Schedule: 1 day

Course Overview

This one-day leadership development course equips executives and emerging leaders with a focused set of twelve critical leadership functions—the core, intentional behaviors that high-impact leaders must consistently demonstrate. Rather than prescribing a one-size-fits-all leadership model, this course emphasizes a “form follows function” approach: participants will first explore and assess these universal leadership functions, then examine the forms these functions might take based on their personal style, organizational culture, and strategic context. Through guided reflection, peer feedback, and real-time application, leaders will identify how to make their actions more visible, intentional, and aligned with what their organizations need most from them. The course is designed to be practical, personalized, and immediately applicable to the realities of executive leadership.

Learning Objectives

1. Apply structured approaches to decision-making, communication, and organizational planning.
2. Strengthen team performance through empowerment, delegation, and coaching.
3. Enhance executive functioning skills including emotional control, planning, and flexible thinking.
4. Cultivate a purpose-driven leadership mindset that integrates vision, integrity, and innovation.



Who Should Attend?

This course is designed for mid- to senior-level professionals responsible for shaping, influencing, or executing strategy in organizations navigating change, growth, or digital transformation. Ideal for executives well trained in Leadership, but needing a structured day for reflection and refinement of their current style.

Summary Course Agenda

Day 1	• Framing the Day • "Form follows Function" • 12 Critical Leadership Functions • Leadership Self-Assessment • Leadership as Intentional Behavior • Leadership Expressions	LUNCH	• "Form": Translating Function into Practice • Identifying personal, cultural, and situational influences on leadership Form • Situational Leadership Mapping • Your Personalized Leadership Blueprint

Logistics and Pricing

This course is designed for delivery at the client's location. A standard class size is up to **30 participants**. Clients are asked to provide basic audio/visual support (e.g., projector/screen, flip charts, markers) and a suitable training space. Optionally delivered as (2) half days. Detailed price estimates available upon request.